

*I can't run the race before me when I'm not believing God.* It's too hard. Unbelief makes me forget all that I know to be true about God. It makes my circumstances bigger than He is. And it slows me down because I forget His power to rescue, redeem, and restore me.

The race set before each and every Christian, every disciple of Jesus no matter your age, is to please Him with your life as Jesus did. John, the disciple, recorded Jesus saying, "I only do that which pleases My Father." Our race is also a relay, one generation passing the baton of faith to the next. It's a team race. Your family is one of many teams running for the country of heaven.

Let us draw near to God, to His throne of grace. Let us hold tightly to Him for He does not move. He is our Rock! And now this encouragement: let us lay aside the weight and sin that entangles us. If our hearts are at His throne and holding on tightly to Him we can't be holding on to unnecessary burdens and sins, like the sin that most often plagues me: unbelief.

- What is one thing you need to lay aside to run head on into the life God is calling you to?
- List some ways that as a family you can cheer each other on in your individual races at school, at work, at home, in your neighborhood.
- How can you intentionally focus more on transferring your faith? Parent to child and friend to friend?
- Have each family member list one person who they will talk to about their faith this week.

LET US LAY ASIDE  
every weight and the sin  
which clings so closely, and



Let us  
run with  
endurance

the race that is set before us, looking to Jesus,  
the author and perfecter of our faith.

*Hebrews 12:1*