

13 EASY-PEASY BREATH PRAYERS

These are prayers you can pray in a single breath, repeating if you like as you breathe in and out.

(You can even make your own!)

Lord, have mercy. Luke 18:13

Here I am. Send me! Isaiah 6:8

Please give me generous wisdom, Lord. James 1:5-6

I can't. You can.

Speak, Lord. Your servant is listening. 1 Samuel 3:9

I cast my cares on You. 1 Peter 5:7, Psalm 55

Not my will, but Yours, God. Luke 22:42

Help me be still. You are God! Psalm 46:10

Make me know your ways, God. Teach me your paths. Psalm 25:2

I wait for you, Lord. Psalm 25:21

My soul finds rest in You alone. Psalm 62:5

Lord of all, You know—and You are good.

Good Father, watch over the ones I love.



