

*I'll admit. There have been many times in my life when I didn't particularly like my children. Or my husband for that matter.* Feelings were gone and the relationship wasn't easy or pleasant in the moment.

I knew though that my feelings aren't the basis for love. Commitment is. Choosing to love, to treat family members with honor and with affection, is pleasing to God.

Have you ever told your children to apologize and to hug a sibling even if they didn't feel like it? Why? Because we know doing the right thing is important, even when we don't want to.

Holman Bible Dictionary says, "Brotherly love... means to treat others as if they were a part of one's family. This kind of love means 'to like' another person and to want what is best for that individual. It also means 'to kiss,' which was to show close friendship," in the Bible.

- Who can you show love to and include as part of your family this week?
- How?
- What act will you commit to do this week, even though you don't feel like it?
- Brainstorm a list of ways your family can committedly show love to each other this week. Pin the list up on your refrigerator and put initials next to the actions when you catch someone loving.

WE DON'T NEED TO WRITE  
TO YOU ABOUT THE

*importance*

OF LOVING EACH OTHER,

FOR GOD HIMSELF  
HAS TAUGHT YOU TO

LOVE ONE  
ANOTHER.

1 THESSALONIANS 4:9